**🧠 BrainFrame – Master System Map**

**Your Complete Modular Framework for Strategic Clarity, Context, and Flow**

**1️⃣ Baseline Core**

| **Component** | **Description** |
| --- | --- |
| **WHY (Purpose & Values)** | Anchors intention, focus, and identity |
| **WHAT (Roles & Strengths)** | Defines contribution style, outputs, and talents |
| **HOW (Cognitive & Behavioural)** | Explains thinking, learning, and communication style |
| **Shadow Planner** | Weekly rhythm: Start – Midweek – Friday Reflection |
| **Verification & Validation** | Ensures neutrality, quality, and alignment to baseline |

**2️⃣ Context Management Layer**

| **Function** | **Purpose** |
| --- | --- |
| **Add Context** | Add customer/project-specific details (template) |
| **Clear Context** | Remove context, reset to baseline |
| **Neutrality Checks** | Confirm no leakage or residual context |
| **Context Management Guide** | Documented steps for smooth transitions |

**3️⃣ Enhancement Modules (Optional)**

| **Module Name** | **What It Adds** |
| --- | --- |
| **Prompt Templates** | Structured prompts (Sales, Strategy, Technical, etc.) |
| **Advanced Context Handling** | Complex, multi-project environments |
| **Insight Capture Module** | Records learnings and ideas live |
| **Analytics & Reporting** | Summaries, patterns, value-based reports |
| **Feedback Loop Tracker** | Iterative improvement through observations |
| **Value Alignment Checker** | Aligns actions to strategic values |
| **Energy-Based Planning** | Adjusts workload based on energy/focus |

**4️⃣ Use Case Activation Layer**

| **Use Case** | **Trigger Sequence** |
| --- | --- |
| **Sales Discovery** | Activate BrainFrame → Sales Prompt → Insight Capture |
| **Strategic Planning** | Activate BrainFrame → Value Alignment → Feedback Loop |
| **Customer Onboarding** | Activate BrainFrame → Enter Context → Advanced Handling |
| **Team Enablement** | Activate BrainFrame → Insight Capture → Shadow Planner |

**5️⃣ Quick Access Tools**

| **Tool** | **Description** |
| --- | --- |
| **Sidebar Reference Sheet** | Commands, triggers, modules, templates in one view |
| **Activation Templates** | Context entry and module usage |
| **Daily Prompt Cues** | Optional reflection and alignment questions |

**✅ Suggested Naming Structure (ChatGPT Pro)**

| **Document/Chat Name** | **Purpose** |
| --- | --- |
| BrainFrame - Baseline | Clean system foundation |
| BrainFrame - Context Management | Customer/project context guide |
| BrainFrame - Enhancement Modules | Optional add-on tools |
| BrainFrame - Shadow Planner | Weekly/daily rhythm structure |
| BrainFrame - Use Case Guides | Activation for sales, onboarding, strategy |
| BrainFrame - Quick Reference | Fast-access commands and tools |
| BrainFrame - Master System Map | Comprehensive system overview |